



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Fräsdorf, Michel

Club: NSV Wernigerode
Number: 130

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:07:02

Speed: 12.28 km/h
Running performance: 4:51 min/km

Rank in course/Total: 36 (of 467)

Rank in course/Men: 35 (of 387)

Best time in course: 1:40:22

Rank in category: 6(of 27)

Best time in the category: 1:49:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:08	4:16	3	1:37	10	1:37	3.30	14:08	4:16	28	1:37	388	1:37
Schlüsie	3.10	15:37	5:02	4	2:01	13	2:33	6.40	29:45	4:38	28	3:38	388	4:09
Hermannsklippe	2.60	13:33	5:12	4	1:34	14	2:12	9.00	43:18	4:48	28	5:12	388	6:21
Brocken	3.10	22:21	7:12	4	2:17	19	4:34	12.10	1:05:39	5:25	28	7:29	388	10:55
Eiserner Handwe	3.60	16:47	4:39	11	3:14	86	4:27	15.70	1:22:26	5:15	28	10:43	388	15:21
Schlüsie	4.10	18:04	4:24	18	4:28	181	6:28	19.80	1:40:30	5:04	28	14:38	388	21:25
Loddenke	3.10	12:38	4:04	8	1:09	56	2:43	22.90	1:53:08	4:56	28	15:40	384	23:57
Ilseburg/Markt	3.30	13:54	4:12	9	1:41	60	3:06	26.20	2:07:02	4:50	6	17:11	35	26:40