



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Grohmann, Christina

Club: Bad Salzuflen
Number: 169

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:48:52

Speed: 9.24 km/h
Running performance: 6:27 min/km

Rank in course/Total: 282 (of 467)

Rank in course/Women: 29 (of 80)

Best time in course: 2:03:14

Rank in category: 8(of 15)

Best time in the category: 2:28:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:37	6:14	9	2:16	35	5:42	3.30	20:37	6:14	16	2:16	81	5:42
Schlüsie	3.10	22:26	7:14	9	2:52	31	5:43	6.40	43:03	6:43	16	5:08	81	11:25
Hermannsklippe	2.60	20:09	7:44	9	3:09	34	5:25	9.00	1:03:12	7:01	16	8:17	81	16:50
Brocken	3.10	32:23	10:26	8	2:45	30	7:43	12.10	1:35:35	7:53	16	10:53	81	24:33
Eiserner Handwe	3.60	20:13	5:36	8	3:14	31	5:43	15.70	1:55:48	7:22	16	14:07	81	30:16
Schlüsie	4.10	19:11	4:40	7	2:28	31	5:15	19.80	2:14:59	6:49	16	16:35	81	35:31
Loddenke	3.10	16:03	5:10	9	2:40	32	4:39	22.90	2:31:02	6:35	16	18:13	80	40:10
Ilseburg/Markt	3.30	17:50	5:24	10	3:10	36	5:28	26.20	2:48:52	6:26	8	20:46	29	45:38