



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Gemm, Karsten

Club: Hann.Münden
Number: 150

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:40:57

Speed: 9.69 km/h
Running performance: 6:08 min/km

Rank in course/Total: 233 (of 467)

Rank in course/Men: 213 (of 387)

Best time in course: 1:40:22

Rank in category: 9(of 28)

Best time in the category: 2:08:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:01	6:03	9	3:40	247	7:30	3.30	20:01	6:03	29	3:40	388	7:30
Schlüsie	3.10	21:39	6:59	10	4:08	233	8:35	6.40	41:40	6:30	29	7:48	388	16:04
Hermannsklippe	2.60	18:08	6:58	6	2:59	175	6:47	9.00	59:48	6:38	29	10:47	388	22:51
Brocken	3.10	30:45	9:55	10	6:58	209	12:58	12.10	1:30:33	7:29	29	17:45	388	35:49
Eiserner Handwe	3.60	19:47	5:29	10	3:57	215	7:27	15.70	1:50:20	7:01	29	21:42	388	43:15
Schlüsie	4.10	18:24	4:29	10	3:30	193	6:48	19.80	2:08:44	6:30	29	25:12	388	49:39
Loddenke	3.10	14:55	4:48	9	2:50	194	5:00	22.90	2:23:39	6:16	29	28:02	384	54:28
Ilseburg/Markt	3.30	17:18	5:14	12	4:22	237	6:30	26.20	2:40:57	6:08	9	32:24	213	1:00:35