



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Hoinkhaus, Ulrich

Club: TSV Herberhausen  
Number: 200

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:52:02

Speed: 9.07 km/h  
Running performance: 6:34 min/km

Rank in course/Total: 302 (of 467)

Rank in course/Men: 268 (of 387)

Best time in course: 1:40:22

Rank in category: 32(of 50)

Best time in the category: 1:43:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:55	6:38	45	8:16	328	9:24	3.30	21:55	6:38	51	8:16	388	9:24
Schlüsie	3.10	23:36	7:36	44	9:26	322	10:32	6.40	45:31	7:06	51	17:42	388	19:55
Hermannsklippe	2.60	20:46	7:59	37	8:53	300	9:25	9.00	1:06:17	7:21	51	26:35	388	29:20
Brocken	3.10	31:51	10:16	27	13:19	236	14:04	12.10	1:38:08	8:06	51	39:54	388	43:24
Eiserner Handwe	3.60	20:40	5:44	31	7:58	258	8:20	15.70	1:58:48	7:34	51	47:52	388	51:43
Schlüsie	4.10	18:57	4:37	26	6:50	218	7:21	19.80	2:17:45	6:57	51	54:42	388	58:40
Loddenke	3.10	16:02	5:10	28	6:00	251	6:07	22.90	2:33:47	6:42	49	1:00:42	384	1:04:36
Ilseburg/Markt	3.30	18:15	5:31	31	7:27	279	7:27	26.20	2:52:02	6:33	32	1:08:09	268	1:11:40