



50. Brockenlauf Ilseburg / 04.09.2021

Detailed evaluation

Himburg, Andy

Club: Ilseburg

Number: 196

Course: 26.20 km

26,2 km - Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:46:58

Speed: 9.34 km/h

Running performance: 6:22 min/km

Rank in course/Total: 273 (of 467)

Rank in course/Men: 245 (of 387)

Best time in course: 1:40:22

Rank in category: 26(of 31)

Best time in the category: 1:40:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:41	5:03	10	4:09	62	4:10	3.30	16:41	5:03	32	4:09	388	4:10
Schlüsse	3.10	19:21	6:14	14	6:17	116	6:17	6.40	36:02	5:37	32	10:26	388	10:26
Hermannsklippe	2.60	17:03	6:33	15	5:42	124	5:42	9.00	53:05	5:53	32	16:08	388	16:08
Brocken	3.10	29:43	9:35	19	11:56	175	11:56	12.10	1:22:48	6:50	32	28:04	388	28:04
Eiserner Handwe	3.60	17:40	4:54	15	5:20	122	5:20	15.70	1:40:28	6:23	32	33:23	388	33:23
Schlüsse	4.10	17:24	4:14	18	5:48	143	5:48	19.80	1:57:52	5:57	30	38:47	318	38:47
Loddenke	3.10	15:03	4:51	24	5:08	200	5:08	22.90	2:12:55	5:48	32	43:44	384	43:44
Ilseburg/Markt	3.30	34:03	10:19	31	23:13	384	23:15	26.20	2:46:58	6:22	26	1:06:36	245	1:06:36