



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Syring, Marco

Club: LLG Springe
Number: 536

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:44:39

Speed: 9.47 km/h
Running performance: 6:17 min/km

Rank in course/Total: 261 (of 467)

Rank in course/Men: 235 (of 387)

Best time in course: 1:40:22

Rank in category: 37(of 66)

Best time in the category: 1:57:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:55	6:02	40	5:22	234	7:24	3.30	19:55	6:02	67	5:22	388	7:24
Schlüsie	3.10	22:21	7:12	46	6:43	264	9:17	6.40	42:16	6:36	67	12:05	388	16:40
Hermannsklippe	2.60	19:56	7:39	46	5:58	269	8:35	9.00	1:02:12	6:54	67	18:03	388	25:15
Brocken	3.10	32:54	10:36	47	10:15	274	15:07	12.10	1:35:06	7:51	67	28:18	388	40:22
Eiserner Handwe	3.60	18:00	5:00	20	4:22	133	5:40	15.70	1:53:06	7:12	67	32:40	388	46:01
Schlüsie	4.10	18:08	4:25	28	5:03	186	6:32	19.80	2:11:14	6:37	67	37:43	388	52:09
Loddenke	3.10	15:50	5:06	42	4:42	245	5:55	22.90	2:27:04	6:25	67	42:25	384	57:53
Ilseburg/Markt	3.30	17:35	5:19	42	5:13	252	6:47	26.20	2:44:39	6:17	37	47:38	235	1:04:17