



50. Brockenlauf

Ilseburg / 04.09.2021

Detailed evaluation

Mönich, Thomas

Club: Ganderkeseer
Number: 314

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:48:34

Speed: 9.25 km/h
Running performance: 6:26 min/km

Rank in course/Total: 281 (of 467)

Rank in course/Men: 253 (of 387)

Best time in course: 1:40:22

Rank in category: 30(of 36)

Best time in the category: 1:50:42

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:20	5:51	25	6:06	200	6:49	3.30	19:20	5:51	37	6:06	388	6:49
Schlüsie	3.10	21:03	6:47	27	6:03	203	7:59	6.40	40:23	6:18	37	11:56	388	14:47
Hermannsklippe	2.60	18:53	7:15	30	5:31	226	7:32	9.00	59:16	6:35	37	17:27	388	22:19
Brocken	3.10	32:41	10:32	32	11:55	264	14:54	12.10	1:31:57	7:35	37	28:48	388	37:13
Eiserner Handwe	3.60	22:31	6:15	33	9:46	317	10:11	15.70	1:54:28	7:17	37	38:09	388	47:23
Schlüsie	4.10	20:04	4:53	29	7:34	262	8:28	19.80	2:14:32	6:47	37	45:43	388	55:27
Loddenke	3.10	16:30	5:19	30	6:04	271	6:35	22.90	2:31:02	6:35	37	51:47	384	1:01:51
Ilseburg/Markt	3.30	17:32	5:18	30	6:06	248	6:44	26.20	2:48:34	6:26	30	57:52	253	1:08:12