



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Brünjes, Thomas

Club: Ilseburg  
Number: 79

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:49:08

Speed: 9.22 km/h  
Running performance: 6:28 min/km

Rank in course/Total: 287 (of 467)

Rank in course/Men: 257 (of 387)

Best time in course: 1:40:22

Rank in category: 31(of 50)

Best time in the category: 1:43:53

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:21	5:51	25	5:42	202	6:50	3.30	19:21	5:51	51	5:42	388	6:50
Schlüsie	3.10	21:04	6:47	25	6:54	204	8:00	6.40	40:25	6:18	51	12:36	388	14:49
Hermannsklippe	2.60	18:52	7:15	26	6:59	224	7:31	9.00	59:17	6:35	51	19:35	388	22:20
Brocken	3.10	32:41	10:32	31	14:09	264	14:54	12.10	1:31:58	7:36	51	33:44	388	37:14
Eiserner Handwe	3.60	22:31	6:15	40	9:49	317	10:11	15.70	1:54:29	7:17	51	43:33	388	47:24
Schlüsie	4.10	20:04	4:53	32	7:57	262	8:28	19.80	2:14:33	6:47	51	51:30	388	55:28
Loddenke	3.10	16:30	5:19	30	6:28	271	6:35	22.90	2:31:03	6:35	49	57:58	384	1:01:52
Ilseburg/Markt	3.30	18:05	5:28	30	7:17	273	7:17	26.20	2:49:08	6:27	31	1:05:15	257	1:08:46