



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Dittmann, Helmut

Club: Brockenlaufverein
Number: 99

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 2:47:50

Speed: 9.29 km/h
Running performance: 6:25 min/km

Rank in course/Total: 277 (of 467)

Rank in course/Men: 249 (of 387)

Best time in course: 1:40:22

Rank in category: 1(of 6)

Best time in the category: 2:47:50

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:35	5:56	1	-	215	7:04	3.30	19:35	5:56	1	-	388	7:04
Schlüsie	3.10	22:14	7:10	1	-	262	9:10	6.40	41:49	6:32	1	-	388	16:13
Hermannsklippe	2.60	19:30	7:30	1	-	253	8:09	9.00	1:01:19	6:48	1	-	388	24:22
Brocken	3.10	32:14	10:23	1	-	252	14:27	12.10	1:33:33	7:43	1	-	388	38:49
Eiserner Handwe	3.60	19:50	5:30	1	-	218	7:30	15.70	1:53:23	7:13	1	-	388	46:18
Schlüsie	4.10	18:33	4:31	1	-	203	6:57	19.80	2:11:56	6:39	1	-	388	52:51
Loddenke	3.10	16:47	5:24	1	-	282	6:52	22.90	2:28:43	6:29	1	-	384	59:32
Ilseburg/Markt	3.30	19:07	5:47	1	-	309	8:19	26.20	2:47:50	6:24	1	-	249	1:07:28