



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Löhe-Husemann, Kirsten

Club: LT-Lieth Paderborn
Number: 278

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 2:51:38

Speed: 9.09 km/h
Running performance: 6:33 min/km

Rank in course/Total: 301 (of 467)

Rank in course/Women: 34 (of 80)

Best time in course: 2:03:14

Rank in category: 5(of 14)

Best time in the category: 2:24:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:32	6:13	6	1:33	34	5:37	3.30	20:32	6:13	15	1:33	81	5:37
Schlüsie	3.10	22:43	7:19	5	3:22	35	6:00	6.40	43:15	6:45	15	4:55	81	11:37
Hermannsklippe	2.60	20:26	7:51	7	4:00	36	5:42	9.00	1:03:41	7:04	15	8:55	81	17:19
Brocken	3.10	36:18	11:42	7	9:49	52	11:38	12.10	1:39:59	8:15	15	18:44	81	28:57
Eiserner Handwe	3.60	19:52	5:31	5	2:21	29	5:22	15.70	1:59:51	7:38	15	21:05	81	34:19
Schlüsie	4.10	18:41	4:33	4	1:36	26	4:45	19.80	2:18:32	6:59	15	22:41	81	39:04
Loddenke	3.10	15:29	4:59	4	1:48	26	4:05	22.90	2:34:01	6:43	14	24:29	80	43:09
Ilseburg/Markt	3.30	17:37	5:20	4	2:36	33	5:15	26.20	2:51:38	6:33	5	27:05	34	48:24