



50. Brockenlauf

Ilseburg / 04.09.2021

Detailed evaluation

Albrecht, Carsten

Club: Doberanner
Number: 38

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:52:08

Speed: 9.06 km/h
Running performance: 6:34 min/km

Rank in course/Total: 306 (of 467)

Rank in course/Men: 271 (of 387)

Best time in course: 1:40:22

Rank in category: 45(of 59)

Best time in the category: 1:47:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:06	6:23	49	7:26	300	8:35	3.30	21:06	6:23	60	7:26	388	8:35
Schlüsie	3.10	24:23	7:51	55	9:51	340	11:19	6.40	45:29	7:06	60	17:17	388	19:53
Hermannsklippe	2.60	21:05	8:06	52	8:25	308	9:44	9.00	1:06:34	7:23	60	25:42	388	29:37
Brocken	3.10	33:48	10:54	48	13:55	295	16:01	12.10	1:40:22	8:17	60	39:26	388	45:38
Eiserner Handwe	3.60	20:06	5:35	42	7:18	233	7:46	15.70	2:00:28	7:40	60	46:44	388	53:23
Schlüsie	4.10	18:47	4:34	37	6:39	212	7:11	19.80	2:19:15	7:01	60	53:23	388	1:00:10
Loddenke	3.10	14:58	4:49	35	4:50	198	5:03	22.90	2:34:13	6:44	60	58:13	384	1:05:02
Ilseburg/Markt	3.30	17:55	5:25	44	6:46	267	7:07	26.20	2:52:08	6:34	45	1:04:59	271	1:11:46