



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Händel, Thomas

Club: Jena
Number: 182

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:45:44

Speed: 9.41 km/h
Running performance: 6:20 min/km

Rank in course/Total: 267 (of 467)

Rank in course/Men: 240 (of 387)

Best time in course: 1:40:22

Rank in category: 39(of 66)

Best time in the category: 1:57:01

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 19:35 | 5:56 | 34 | 5:02 | 215 | 7:04 | 3.30 | 19:35 | 5:56 | 67 | 5:02 | 388 | 7:04 |
| Schlüsie | 3.10 | 21:11 | 6:49 | 36 | 5:33 | 212 | 8:07 | 6.40 | 40:46 | 6:22 | 67 | 10:35 | 388 | 15:10 |
| Hermannsklippe | 2.60 | 19:12 | 7:23 | 38 | 5:14 | 239 | 7:51 | 9.00 | 59:58 | 6:39 | 67 | 15:49 | 388 | 23:01 |
| Brocken | 3.10 | 30:07 | 9:42 | 28 | 7:28 | 183 | 12:20 | 12.10 | 1:30:05 | 7:26 | 67 | 23:17 | 388 | 35:21 |
| Eiserner Handwe | 3.60 | 21:12 | 5:53 | 48 | 7:34 | 277 | 8:52 | 15.70 | 1:51:17 | 7:05 | 67 | 30:51 | 388 | 44:12 |
| Schlüsie | 4.10 | 20:32 | 5:00 | 45 | 7:27 | 281 | 8:56 | 19.80 | 2:11:49 | 6:39 | 67 | 38:18 | 388 | 52:44 |
| Loddenke | 3.10 | 15:40 | 5:03 | 41 | 4:32 | 233 | 5:45 | 22.90 | 2:27:29 | 6:26 | 67 | 42:50 | 384 | 58:18 |
| Ilseburg/Markt | 3.30 | 18:15 | 5:31 | 48 | 5:53 | 279 | 7:27 | 26.20 | 2:45:44 | 6:19 | 39 | 48:43 | 240 | 1:05:22 |