



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Kreibohm, Sabrina

Club: MTV Goslar
Number: 245

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:35:27

Speed: 10.04 km/h
Running performance: 5:56 min/km

Rank in course/Total: 190 (of 467)

Rank in course/Women: 18 (of 80)

Best time in course: 2:03:14

Rank in category: 4(of 15)

Best time in the category: 2:28:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:23	5:52	5	1:02	20	4:28	3.30	19:23	5:52	16	1:02	81	4:28
Schlüsie	3.10	21:28	6:55	5	1:54	22	4:45	6.40	40:51	6:22	16	2:56	81	9:13
Hermannsklippe	2.60	18:47	7:13	5	1:47	20	4:03	9.00	59:38	6:37	16	4:43	81	13:16
Brocken	3.10	30:01	9:40	3	0:23	17	5:21	12.10	1:29:39	7:24	16	4:57	81	18:37
Eiserner Handwe	3.60	18:13	5:03	4	1:14	16	3:43	15.70	1:47:52	6:52	16	6:11	81	22:20
Schlüsie	4.10	17:19	4:13	2	0:36	15	3:23	19.80	2:05:11	6:19	16	6:47	81	25:43
Loddenke	3.10	14:26	4:39	4	1:03	19	3:02	22.90	2:19:37	6:05	16	6:48	80	28:45
Ilseburg/Markt	3.30	15:50	4:47	3	1:10	16	3:28	26.20	2:35:27	5:55	4	7:21	18	32:13