



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Clusen, Olaf

Club: LT Marienloh  
Number: 86

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:57:32

Speed: 8.79 km/h  
Running performance: 6:47 min/km

Rank in course/Total: 338 (of 467)

Rank in course/Men: 298 (of 387)

Best time in course: 1:40:22

Rank in category: 35(of 50)

Best time in the category: 1:43:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:02	6:04	34	6:23	248	7:31	3.30	20:02	6:04	51	6:23	388	7:31
Schlüsie	3.10	23:15	7:30	39	9:05	306	10:11	6.40	43:17	6:45	51	15:28	388	17:41
Hermannsklippe	2.60	21:12	8:09	39	9:19	314	9:51	9.00	1:04:29	7:09	51	24:47	388	27:32
Brocken	3.10	35:51	11:33	41	17:19	323	18:04	12.10	1:40:20	8:17	51	42:06	388	45:36
Eiserner Handwe	3.60	22:29	6:14	39	9:47	316	10:09	15.70	2:02:49	7:49	51	51:53	388	55:44
Schlüsie	4.10	18:57	4:37	26	6:50	218	7:21	19.80	2:21:46	7:09	51	58:43	388	1:02:41
Loddenke	3.10	16:54	5:27	34	6:52	290	6:59	22.90	2:38:40	6:55	49	1:05:35	384	1:09:29
Ilseburg/Markt	3.30	18:52	5:43	36	8:04	302	8:04	26.20	2:57:32	6:46	35	1:13:39	298	1:17:10