



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Jacob, Bastian

Club: MT Melsungen
Number: 210

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:34:16

Speed: 10.11 km/h
Running performance: 5:53 min/km

Rank in course/Total: 183 (of 467)

Rank in course/Men: 168 (of 387)

Best time in course: 1:40:22

Rank in category: 21(of 50)

Best time in the category: 1:43:53

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:04	5:28	12	4:25	115	5:33	3.30	18:04	5:28	51	4:25	388	5:33
Schlüsie	3.10	19:22	6:14	13	5:12	118	6:18	6.40	37:26	5:50	51	9:37	388	11:50
Hermannsklippe	2.60	17:21	6:40	14	5:28	136	6:00	9.00	54:47	6:05	51	15:05	388	17:50
Brocken	3.10	30:20	9:47	21	11:48	194	12:33	12.10	1:25:07	7:02	51	26:53	388	30:23
Eiserner Handwe	3.60	18:49	5:13	20	6:07	176	6:29	15.70	1:43:56	6:37	51	33:00	388	36:51
Schlüsie	4.10	17:48	4:20	19	5:41	169	6:12	19.80	2:01:44	6:08	51	38:41	388	42:39
Loddenke	3.10	15:23	4:57	25	5:21	220	5:28	22.90	2:17:07	5:59	49	44:02	384	47:56
Ilseburg/Markt	3.30	17:09	5:11	25	6:21	233	6:21	26.20	2:34:16	5:53	21	50:23	168	53:54