



50. Brockenlauf Ilseburg / 04.09.2021

Detailed evaluation

Knauer, Daniel

Club: Brockenlaufverein
Number: 235

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:15:19

Speed: 11.53 km/h
Running performance: 5:10 min/km

Rank in course/Total: 66 (of 467)

Rank in course/Men: 64 (of 387)

Best time in course: 1:40:22

Rank in category: 14(of 59)

Best time in the category: 1:47:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:54	4:30	6	1:14	24	2:23	3.30	14:54	4:30	60	1:14	388	2:23
Schlüsse	3.10	17:24	5:36	10	2:52	45	4:20	6.40	32:18	5:02	60	4:06	388	6:42
Hermannsklippe	2.60	15:38	6:00	15	2:58	62	4:17	9.00	47:56	5:19	60	7:04	388	10:59
Brocken	3.10	25:44	8:18	16	5:51	78	7:57	12.10	1:13:40	6:05	60	12:44	388	18:56
Eiserner Handwe	3.60	16:03	4:27	11	3:15	63	3:43	15.70	1:29:43	5:42	60	15:59	388	22:38
Schlüsse	4.10	14:47	3:36	8	2:39	40	3:11	19.80	1:44:30	5:16	60	18:38	388	25:25
Loddenke	3.10	13:16	4:16	15	3:08	86	3:21	22.90	1:57:46	5:08	60	21:46	311	28:35
Ilseburg/Markt	3.30	17:33	5:19	40	6:24	250	6:45	26.20	2:15:19	5:09	14	28:10	64	34:57