



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Puth, Georg

Club: No Meat Athlete
Number: 345

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:44:15

Speed: 9.50 km/h
Running performance: 6:16 min/km

Rank in course/Total: 259 (of 467)

Rank in course/Men: 233 (of 387)

Best time in course: 1:40:22

Rank in category: 43(of 59)

Best time in the category: 1:47:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:49	6:00	40	6:09	226	7:18	3.30	19:49	6:00	60	6:09	388	7:18
Schlüsie	3.10	21:52	7:03	43	7:20	247	8:48	6.40	41:41	6:30	60	13:29	388	16:05
Hermannsklippe	2.60	18:53	7:15	42	6:13	226	7:32	9.00	1:00:34	6:43	60	19:42	388	23:37
Brocken	3.10	30:08	9:43	34	10:15	185	12:21	12.10	1:30:42	7:29	60	29:46	388	35:58
Eiserner Handwe	3.60	20:43	5:45	45	7:55	259	8:23	15.70	1:51:25	7:05	60	37:41	388	44:20
Schlüsie	4.10	19:02	4:38	40	6:54	226	7:26	19.80	2:10:27	6:35	60	44:35	388	51:22
Loddenke	3.10	16:18	5:15	49	6:10	261	6:23	22.90	2:26:45	6:24	60	50:45	384	57:34
Ilseburg/Markt	3.30	17:30	5:18	39	6:21	243	6:42	26.20	2:44:15	6:16	43	57:06	233	1:03:53