



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Thiem, Steffen

Club: Berlin
Number: 461

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:45:17

Speed: 9.51 km/h
Running performance: 6:19 min/km

Rank in course/Total: 265 (of 467)

Rank in course/Men: 239 (of 387)

Best time in course: 1:40:22

Rank in category: 42(of 67)

Best time in the category: 2:02:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:02	6:04	42	4:40	248	7:31	3.30	20:02	6:04	68	4:40	388	7:31
Schlüsie	3.10	21:45	7:00	41	5:51	236	8:41	6.40	41:47	6:31	68	10:19	388	16:11
Hermannsklippe	2.60	18:49	7:14	39	4:43	219	7:28	9.00	1:00:36	6:44	68	15:02	388	23:39
Brocken	3.10	34:46	11:12	53	12:41	310	16:59	12.10	1:35:22	7:52	68	27:43	388	40:38
Eiserner Handwe	3.60	20:14	5:37	43	5:39	238	7:54	15.70	1:55:36	7:21	68	32:30	388	48:31
Schlüsie	4.10	18:58	4:37	34	5:19	220	7:22	19.80	2:14:34	6:47	68	36:41	388	55:29
Loddenke	3.10	14:40	4:43	29	3:02	178	4:45	22.90	2:29:14	6:31	66	39:38	384	1:00:03
Ilseburg/Markt	3.30	16:03	4:51	26	3:07	179	5:15	26.20	2:45:17	6:18	42	42:29	239	1:04:55