



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Grammann, Markus

Club: Melle
Number: 166

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:00:30

Speed: 8.64 km/h
Running performance: 6:53 min/km

Rank in course/Total: 351 (of 467)

Rank in course/Men: 308 (of 387)

Best time in course: 1:40:22

Rank in category: 38(of 50)

Best time in the category: 1:43:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:47	6:36	44	8:08	323	9:16	3.30	21:47	6:36	51	8:08	388	9:16
Schlüsie	3.10	24:06	7:46	45	9:56	333	11:02	6.40	45:53	7:10	51	18:04	388	20:17
Hermannsklippe	2.60	20:36	7:55	36	8:43	296	9:15	9.00	1:06:29	7:23	51	26:47	388	29:32
Brocken	3.10	33:48	10:54	35	15:16	295	16:01	12.10	1:40:17	8:17	51	42:03	388	45:33
Eiserner Handwe	3.60	21:12	5:53	32	8:30	277	8:52	15.70	2:01:29	7:44	51	50:33	388	54:24
Schlüsie	4.10	24:01	5:51	42	11:54	356	12:25	19.80	2:25:30	7:20	51	1:02:27	383	1:06:25
Loddenke	3.10	17:48	5:44	37	7:46	316	7:53	22.90	2:43:18	7:07	49	1:10:13	384	1:14:07
Ilseburg/Markt	3.30	17:12	5:12	26	6:24	235	6:24	26.20	3:00:30	6:53	38	1:16:37	308	1:20:08