



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Taylor, Michael

Club: Nordenham  
Number: 455

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 3:03:16

Speed: 8.51 km/h  
Running performance: 6:59 min/km

Rank in course/Total: 369 (of 467)

Rank in course/Men: 322 (of 387)

Best time in course: 1:40:22

Rank in category: 41(of 50)

Best time in the category: 1:43:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:33	6:31	41	7:54	312	9:02	3.30	21:33	6:31	51	7:54	388	9:02
Schlüsie	3.10	22:53	7:22	37	8:43	289	9:49	6.40	44:26	6:56	51	16:37	388	18:50
Hermannsklippe	2.60	18:56	7:16	27	7:03	228	7:35	9.00	1:03:22	7:02	51	23:40	388	26:25
Brocken	3.10	32:03	10:20	28	13:31	246	14:16	12.10	1:35:25	7:53	51	37:11	388	40:41
Eiserner Handwe	3.60	24:10	6:42	44	11:28	354	11:50	15.70	1:59:35	7:37	51	48:39	388	52:30
Schlüsie	4.10	24:17	5:55	44	12:10	359	12:41	19.80	2:23:52	7:15	51	1:00:49	388	1:04:47
Loddenke	3.10	19:29	6:17	42	9:27	348	9:34	22.90	2:43:21	7:07	49	1:10:16	384	1:14:10
Ilseburg/Markt	3.30	19:55	6:02	40	9:07	336	9:07	26.20	3:03:16	6:59	41	1:19:23	322	1:22:54