



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Thies, Jascha

Club: Wittmund Leerhufe
Number: 462

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:36:28

Speed: 9.97 km/h
Running performance: 5:58 min/km

Rank in course/Total: 198 (of 467)

Rank in course/Men: 179 (of 387)

Best time in course: 1:40:22

Rank in category: 19(of 27)

Best time in the category: 1:49:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:13	5:13	13	4:42	85	4:42	3.30	17:13	5:13	28	4:42	388	4:42
Schlüsie	3.10	20:07	6:29	16	6:31	153	7:03	6.40	37:20	5:49	28	11:13	388	11:44
Hermannsklippe	2.60	17:49	6:51	17	5:50	164	6:28	9.00	55:09	6:07	28	17:03	388	18:12
Brocken	3.10	31:55	10:17	20	11:51	238	14:08	12.10	1:27:04	7:11	28	28:54	388	32:20
Eiserner Handwe	3.60	19:19	5:21	18	5:46	194	6:59	15.70	1:46:23	6:46	28	34:40	388	39:18
Schlüsie	4.10	17:40	4:18	16	4:04	161	6:04	19.80	2:04:03	6:15	28	38:11	388	44:58
Loddenke	3.10	15:31	5:00	18	4:02	225	5:36	22.90	2:19:34	6:05	28	42:06	384	50:23
Ilseburg/Markt	3.30	16:54	5:07	20	4:41	216	6:06	26.20	2:36:28	5:58	19	46:37	179	56:06