



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Schrader, Anja

Club: Laufgruppe Lustig
Number: 416

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 3:05:03

Speed: 8.43 km/h
Running performance: 7:04 min/km

Rank in course/Total: 375 (of 467)

Rank in course/Women: 50 (of 80)

Best time in course: 2:03:14

Rank in category: 3(of 8)

Best time in the category: 2:26:04

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Loddenke | 3.30 | 22:12 | 6:43 | 5 | 3:56 | 55 | 7:17 | 3.30 | 22:12 | 6:43 | 9 | 3:56 | 81 | 7:17 |
| Schlüsie | 3.10 | 26:34 | 8:34 | 5 | 7:09 | 68 | 9:51 | 6.40 | 48:46 | 7:37 | 9 | 11:05 | 81 | 17:08 |
| Hermannsklippe | 2.60 | 23:47 | 9:08 | 5 | 6:36 | 65 | 9:03 | 9.00 | 1:12:33 | 8:03 | 9 | 17:41 | 81 | 26:11 |
| Brocken | 3.10 | 36:55 | 11:54 | 3 | 9:36 | 58 | 12:15 | 12.10 | 1:49:28 | 9:02 | 9 | 27:17 | 81 | 38:26 |
| Eiserner Handwe | 3.60 | 21:07 | 5:51 | 3 | 3:47 | 39 | 6:37 | 15.70 | 2:10:35 | 8:19 | 9 | 31:04 | 81 | 45:03 |
| Schlüsie | 4.10 | 19:33 | 4:46 | 4 | 2:14 | 36 | 5:37 | 19.80 | 2:30:08 | 7:34 | 9 | 33:18 | 81 | 50:40 |
| Loddenke | 3.10 | 16:53 | 5:26 | 4 | 2:49 | 43 | 5:29 | 22.90 | 2:47:01 | 7:17 | 9 | 36:07 | 80 | 56:09 |
| Ilseburg/Markt | 3.30 | 18:02 | 5:27 | 3 | 2:52 | 37 | 5:40 | 26.20 | 3:05:03 | 7:03 | 3 | 38:59 | 50 | 1:01:49 |