



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Thoma, Manfred

Club: LG Rippershausen
Number: 464

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:43:11

Speed: 9.56 km/h
Running performance: 6:14 min/km

Rank in course/Total: 252 (of 467)

Rank in course/Men: 228 (of 387)

Best time in course: 1:40:22

Rank in category: 5(of 16)

Best time in the category: 2:23:48

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:42	6:34	7	4:38	319	9:11	3.30	21:42	6:34	7	4:38	388	9:11
Schlüsie	3.10	23:39	7:37	10	5:04	324	10:35	6.40	45:21	7:05	8	9:42	388	19:45
Hermannsklippe	2.60	19:55	7:39	4	3:14	268	8:34	9.00	1:05:16	7:15	8	12:56	388	28:19
Brocken	3.10	31:30	10:09	5	3:34	228	13:43	12.10	1:36:46	7:59	7	16:30	388	42:02
Eiserner Handwe	3.60	18:30	5:08	5	1:26	157	6:10	15.70	1:55:16	7:20	6	17:56	388	48:11
Schlüsie	4.10	17:31	4:16	5	0:35	151	5:55	19.80	2:12:47	6:42	6	18:31	388	53:42
Loddenke	3.10	14:18	4:36	5	0:14	153	4:23	22.90	2:27:05	6:25	5	18:34	384	57:54
Ilseburg/Markt	3.30	16:06	4:52	4	0:49	182	5:18	26.20	2:43:11	6:13	5	19:23	228	1:02:49