



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Zick, Torsten

Club: Laufgruppe Wassersuppe
Number: 9

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:41:59

Speed: 9.63 km/h
Running performance: 6:11 min/km

Rank in course/Total: 244 (of 467)

Rank in course/Men: 222 (of 387)

Best time in course: 1:40:22

Rank in category: 39(of 67)

Best time in the category: 2:02:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:44	5:40	26	3:22	157	6:13	3.30	18:44	5:40	68	3:22	388	6:13
Schlüsie	3.10	20:48	6:42	30	4:54	181	7:44	6.40	39:32	6:10	68	8:04	388	13:56
Hermannsklippe	2.60	17:42	6:48	25	3:36	154	6:21	9.00	57:14	6:21	68	11:40	388	20:17
Brocken	3.10	31:57	10:18	43	9:52	242	14:10	12.10	1:29:11	7:22	68	21:32	388	34:27
Eiserner Handwe	3.60	19:27	5:24	34	4:52	201	7:07	15.70	1:48:38	6:55	68	25:32	388	41:33
Schlüsie	4.10	19:20	4:42	40	5:41	239	7:44	19.80	2:07:58	6:27	68	30:05	388	48:53
Loddenke	3.10	17:22	5:36	53	5:44	304	7:27	22.90	2:25:20	6:20	66	35:44	384	56:09
Ilseburg/Markt	3.30	16:39	5:02	33	3:43	202	5:51	26.20	2:41:59	6:10	39	39:11	222	1:01:37