



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Begemann, Horst

Club: LSG Kassel  
Number: 57

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 3:04:56

Speed: 8.44 km/h  
Running performance: 7:04 min/km

Rank in course/Total: 374 (of 467)

Rank in course/Men: 325 (of 387)

Best time in course: 1:40:22

Rank in category: 20(of 28)

Best time in the category: 2:08:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:03	6:04	10	3:42	250	7:32	3.30	20:03	6:04	29	3:42	388	7:32
Schlüsie	3.10	22:26	7:14	11	4:55	266	9:22	6.40	42:29	6:38	29	8:37	388	16:53
Hermannsklippe	2.60	20:01	7:41	12	4:52	272	8:40	9.00	1:02:30	6:56	29	13:29	388	25:33
Brocken	3.10	36:54	11:54	23	13:07	340	19:07	12.10	1:39:24	8:12	29	26:36	388	44:40
Eiserner Handwe	3.60	24:01	6:40	25	8:11	349	11:41	15.70	2:03:25	7:51	29	34:47	388	56:20
Schlüsie	4.10	22:38	5:31	23	7:44	332	11:02	19.80	2:26:03	7:22	29	42:31	388	1:06:58
Loddenke	3.10	18:03	5:49	20	5:58	323	8:08	22.90	2:44:06	7:09	29	48:29	384	1:14:55
Ilseburg/Markt	3.30	20:50	6:18	26	7:54	356	10:02	26.20	3:04:56	7:03	20	56:23	325	1:24:34