



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Michael, Preuß

Club: TuS Ahnsen
Number: 309

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:58:45

Speed: 8.73 km/h
Running performance: 6:49 min/km

Rank in course/Total: 346 (of 467)

Rank in course/Men: 305 (of 387)

Best time in course: 1:40:22

Rank in category: 54(of 66)

Best time in the category: 1:57:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:25	6:11	44	5:52	265	7:54	3.30	20:25	6:11	67	5:52	388	7:54
Schlüsie	3.10	23:04	7:26	50	7:26	297	10:00	6.40	43:29	6:47	67	13:18	388	17:53
Hermannsklippe	2.60	21:06	8:06	54	7:08	309	9:45	9.00	1:04:35	7:10	67	20:26	388	27:38
Brocken	3.10	33:53	10:55	54	11:14	298	16:06	12.10	1:38:28	8:08	67	31:40	388	43:44
Eiserner Handwe	3.60	22:11	6:09	51	8:33	310	9:51	15.70	2:00:39	7:41	67	40:13	388	53:34
Schlüsie	4.10	21:36	5:16	53	8:31	309	10:00	19.80	2:22:15	7:11	67	48:44	388	1:03:10
Loddenke	3.10	17:40	5:41	54	6:32	310	7:45	22.90	2:39:55	6:58	67	55:16	384	1:10:44
Ilseburg/Markt	3.30	18:50	5:42	52	6:28	300	8:02	26.20	2:58:45	6:49	54	1:01:44	305	1:18:23