



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Winkler, Roland

Club: Brockenlaufverein  
Number: 498

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M70 (70-74 Jahre)

Total time: 3:10:50

Speed: 8.17 km/h  
Running performance: 7:17 min/km

Rank in course/Total: 402 (of 467)

Rank in course/Men: 343 (of 387)

Best time in course: 1:40:22

Rank in category: 2(of 6)

Best time in the category: 2:47:50

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	24:10	7:19	3	4:35	373	11:39	3.30	24:10	7:19	7	4:35	388	11:39
Schlüsie	3.10	26:02	8:23	3	3:48	366	12:58	6.40	50:12	7:50	7	8:23	388	24:36
Hermannsklippe	2.60	22:09	8:31	2	2:39	343	10:48	9.00	1:12:21	8:02	7	11:02	388	35:24
Brocken	3.10	34:25	11:06	2	2:11	305	16:38	12.10	1:46:46	8:49	7	13:13	388	52:02
Eiserner Handwe	3.60	22:39	6:17	3	2:49	321	10:19	15.70	2:09:25	8:14	7	16:02	388	1:02:20
Schlüsie	4.10	22:03	5:22	2	3:30	320	10:27	19.80	2:31:28	7:38	7	19:32	388	1:12:23
Loddenke	3.10	18:57	6:06	2	2:10	343	9:02	22.90	2:50:25	7:26	7	21:42	384	1:21:14
Ilseburg/Markt	3.30	20:25	6:11	2	1:18	345	9:37	26.20	3:10:50	7:17	2	23:00	343	1:30:28