



50. Brockenlauf

Ilseburg / 04.09.2021

Detailed evaluation

Krämer, Reinhold

Club: Biermarathon Hachenburg
Number: 239

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 3:03:16

Speed: 8.51 km/h
Running performance: 6:59 min/km

Rank in course/Total: 370 (of 467)

Rank in course/Men: 322 (of 387)

Best time in course: 1:40:22

Rank in category: 11(of 16)

Best time in the category: 2:23:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:48	6:54	14	5:44	359	10:17	3.30	22:48	6:54	17	5:44	388	10:17
Schlüsie	3.10	26:17	8:28	14	7:42	368	13:13	6.40	49:05	7:40	17	13:26	388	23:29
Hermannsklippe	2.60	22:42	8:43	14	6:01	357	11:21	9.00	1:11:47	7:58	17	19:27	388	34:50
Brocken	3.10	37:59	12:15	14	10:03	361	20:12	12.10	1:49:46	9:04	17	29:30	388	55:02
Eiserner Handwe	3.60	20:56	5:48	9	3:52	264	8:36	15.70	2:10:42	8:19	17	33:22	388	1:03:37
Schlüsie	4.10	20:18	4:57	9	3:22	273	8:42	19.80	2:31:00	7:37	17	36:44	388	1:11:55
Loddenke	3.10	15:26	4:58	7	1:22	223	5:31	22.90	2:46:26	7:16	17	37:55	384	1:17:15
Ilseburg/Markt	3.30	16:50	5:06	7	1:33	211	6:02	26.20	3:03:16	6:59	11	39:28	322	1:22:54