



50. Brockenlauf

Ilseburg / 04.09.2021

Detailed evaluation

Laue, Tino

Club: Kissenbrück
Number: 525

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:07:06

Speed: 8.34 km/h
Running performance: 7:08 min/km

Rank in course/Total: 385 (of 467)

Rank in course/Men: 331 (of 387)

Best time in course: 1:40:22

Rank in category: 56(of 59)

Best time in the category: 1:47:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:46	6:17	47	7:06	284	8:15	3.30	20:46	6:17	60	7:06	388	8:15
Schlüsie	3.10	22:01	7:06	44	7:29	252	8:57	6.40	42:47	6:41	60	14:35	388	17:11
Hermannsklippe	2.60	18:49	7:14	41	6:09	219	7:28	9.00	1:01:36	6:50	60	20:44	388	24:39
Brocken	3.10	33:04	10:40	46	13:11	280	15:17	12.10	1:34:40	7:49	60	33:44	388	39:56
Eiserner Handwe	3.60	25:12	7:00	58	12:24	362	12:52	15.70	1:59:52	7:38	60	46:08	388	52:47
Schlüsie	4.10	22:08	5:23	55	10:00	324	10:32	19.80	2:22:00	7:10	60	56:08	388	1:02:55
Loddenke	3.10	22:18	7:11	59	12:10	377	12:23	22.90	2:44:18	7:10	60	1:08:18	384	1:15:07
Ilseburg/Markt	3.30	22:48	6:54	59	11:39	371	12:00	26.20	3:07:06	7:08	56	1:19:57	331	1:26:44