



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Berndt, Tommy

Club: FSV Grün-Weiß Ilseburg
Number: 550

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:41:25

Speed: 9.66 km/h
Running performance: 6:10 min/km

Rank in course/Total: 239 (of 467)

Rank in course/Men: 218 (of 387)

Best time in course: 1:40:22

Rank in category: 21(of 31)

Best time in the category: 1:40:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
Loddenke	3.30	18:59	5:45	19	6:27	173	6:28	3.30	18:59	5:45	32	6:27	388	6:28			
Schlüsie	3.10	20:40	6:40	19	7:36	173	7:36	6.40	39:39	6:11	32	14:03	388	14:03			
Hermannsklippe	2.60	18:33	7:08	22	7:12	206	7:12	9.00	58:12	6:28	32	21:15	388	21:15			
Brocken	3.10	32:42	10:32	26	14:55	266	14:55	12.10	1:30:54	7:30	32	36:10	388	36:10			
Eiserner Handwe	3.60	20:22	5:39	21	8:02	242	8:02	15.70	1:51:16	7:05	32	44:11	388	44:11			
Schlüsie	4.10	19:12	4:40	25	7:36	232	7:36	19.80	2:10:28	6:35	32	51:23	388	51:23			
Loddenke	3.10	15:12	4:54	25	5:17	208	5:17	22.90	2:25:40	6:21	32	56:29	384	56:29			
Ilseburg/Markt	3.30	15:45	4:46	17	4:55	159	4:57	26.20	2:41:25	6:09	21	1:01:03	218	1:01:03			