



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Schakowsky, Nico

Club: Harzer Wölfe  
Number: 385

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 3:00:41

Speed: 8.63 km/h  
Running performance: 6:54 min/km

Rank in course/Total: 353 (of 467)

Rank in course/Men: 310 (of 387)

Best time in course: 1:40:22

Rank in category: 29(of 31)

Best time in the category: 1:40:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:49	6:00	23	7:17	226	7:18	3.30	19:49	6:00	32	7:17	388	7:18
Schlüsie	3.10	23:01	7:25	30	9:57	293	9:57	6.40	42:50	6:41	32	17:14	388	17:14
Hermannsklippe	2.60	21:55	8:25	30	10:34	335	10:34	9.00	1:04:45	7:11	32	27:48	388	27:48
Brocken	3.10	37:36	12:07	31	19:49	348	19:49	12.10	1:42:21	8:27	32	47:37	388	47:37
Eiserner Handwe	3.60	23:15	6:27	29	10:55	335	10:55	15.70	2:05:36	8:00	32	58:31	388	58:31
Schlüsie	4.10	20:06	4:54	27	8:30	265	8:30	19.80	2:25:42	7:21	32	1:06:37	388	1:06:37
Loddenke	3.10	17:08	5:31	28	7:13	298	7:13	22.90	2:42:50	7:06	32	1:13:39	384	1:13:39
Ilseburg/Markt	3.30	17:51	5:24	27	7:01	265	7:03	26.20	3:00:41	6:53	29	1:20:19	310	1:20:19