



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Bardehle, Lutz

Club: VfB Salzkotten  
Number: 19

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:57:26

Speed: 8.79 km/h  
Running performance: 6:46 min/km

Rank in course/Total: 337 (of 467)

Rank in course/Men: 297 (of 387)

Best time in course: 1:40:22

Rank in category: 54(of 67)

Best time in the category: 2:02:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:34	6:13	46	5:12	270	8:03	3.30	20:34	6:13	68	5:12	388	8:03
Schlüsie	3.10	22:41	7:19	50	6:47	280	9:37	6.40	43:15	6:45	68	11:47	388	17:39
Hermannsklippe	2.60	20:37	7:55	51	6:31	297	9:16	9.00	1:03:52	7:05	68	18:18	388	26:55
Brocken	3.10	35:43	11:31	55	13:38	322	17:56	12.10	1:39:35	8:13	68	31:56	388	44:51
Eiserner Handwe	3.60	22:04	6:07	56	7:29	307	9:44	15.70	2:01:39	7:44	68	38:33	388	54:34
Schlüsie	4.10	21:45	5:18	51	8:06	312	10:09	19.80	2:23:24	7:14	68	45:31	388	1:04:19
Loddenke	3.10	16:32	5:20	47	4:54	274	6:37	22.90	2:39:56	6:59	66	50:20	384	1:10:45
Ilseburg/Markt	3.30	17:30	5:18	44	4:34	243	6:42	26.20	2:57:26	6:46	54	54:38	297	1:17:04