



# 50. Brockenlauf Ilseburg / 04.09.2021

## Detailed evaluation

Hellwig, Günter

Club: Marschacht

Number: 188

Course: 26.20 km

26,2 km - Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 3:37:27

Speed: 7.17 km/h

Running performance: 8:18 min/km

Rank in course/Total: 456 (of 467)

Rank in course/Men: 380 (of 387)

Best time in course: 1:40:22

Rank in category: 67(of 67)

Best time in the category: 2:02:48

## Intermediate times

## Stage score

## Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|-----------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| Loddenke        | 3.30        | 24:39         | 7:28            | 67          | 9:17           | 380        | 12:08         | 3.30        | 24:39         | 7:28            | 68          | 9:17           | 388        | 12:08         |
| Schlüsie        | 3.10        | 30:04         | 9:41            | 67          | 14:10          | 384        | 17:00         | 6.40        | 54:43         | 8:32            | 68          | 23:15          | 388        | 29:07         |
| Hermannsklippe  | 2.60        | 26:34         | 10:13           | 67          | 12:28          | 383        | 15:13         | 9.00        | 1:21:17       | 9:01            | 68          | 35:43          | 388        | 44:20         |
| Brocken         | 3.10        | 40:20         | 13:00           | 66          | 18:15          | 377        | 22:33         | 12.10       | 2:01:37       | 10:03           | 68          | 53:58          | 388        | 1:06:53       |
| Eiserner Handwe | 3.60        | 24:33         | 6:49            | 61          | 9:58           | 357        | 12:13         | 15.70       | 2:26:10       | 9:18            | 68          | 1:03:04        | 388        | 1:19:05       |
| Schlüsie        | 4.10        | 26:03         | 6:21            | 65          | 12:24          | 372        | 14:27         | 19.80       | 2:52:13       | 8:41            | 68          | 1:14:20        | 388        | 1:33:08       |
| Loddenke        | 3.10        | 21:51         | 7:02            | 65          | 10:13          | 374        | 11:56         | 22.90       | 3:14:04       | 8:28            | 66          | 1:24:28        | 384        | 1:44:53       |
| Ilseburg/Markt  | 3.30        | 23:23         | 7:05            | 65          | 10:27          | 373        | 12:35         | 26.20       | 3:37:27       | 8:17            | 67          | 1:34:39        | 380        | 1:57:05       |