



50. Brockenlauf

Ilseburg / 04.09.2021

Detailed evaluation

Quantmeyer, Walter

Club: TSG Döderode Oldenrode
Number: 346

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 3:53:45

Speed: 6.67 km/h
Running performance: 8:55 min/km

Rank in course/Total: 461 (of 467)

Rank in course/Men: 383 (of 387)

Best time in course: 1:40:22

Rank in category: 5(of 6)

Best time in the category: 2:47:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	25:17	7:39	5	5:42	382	12:46	3.30	25:17	7:39	7	5:42	388	12:46
Schlüsie	3.10	27:02	8:43	4	4:48	374	13:58	6.40	52:19	8:10	7	10:30	388	26:43
Hermannsklippe	2.60	24:16	9:19	4	4:46	374	12:55	9.00	1:16:35	8:30	7	15:16	388	39:38
Brocken	3.10	37:57	12:14	3	5:43	360	20:10	12.10	1:54:32	9:27	7	20:59	388	59:48
Eiserner Handwe	3.60	30:21	8:25	5	10:31	379	18:01	15.70	2:24:53	9:13	7	31:30	388	1:17:48
Schlüsie	4.10	32:11	7:50	5	13:38	385	20:35	19.80	2:57:04	8:56	7	45:08	388	1:37:59
Loddenke	3.10	27:19	8:48	5	10:32	381	17:24	22.90	3:24:23	8:55	7	55:40	384	1:55:12
Ilseburg/Markt	3.30	29:22	8:53	6	10:15	381	18:34	26.20	3:53:45	8:55	5	1:05:55	383	2:13:23