



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Trümper, Uwe

Club: Lutter im Eichsfeld
Number: 469

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:18:42

Speed: 7.85 km/h
Running performance: 7:35 min/km

Rank in course/Total: 432 (of 467)

Rank in course/Men: 364 (of 387)

Best time in course: 1:40:22

Rank in category: 63(of 67)

Best time in the category: 2:02:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:17	6:45	59	6:55	345	9:46	3.30	22:17	6:45	68	6:55	388	9:46
Schlüsie	3.10	25:27	8:12	61	9:33	359	12:23	6.40	47:44	7:27	68	16:16	388	22:08
Hermannsklippe	2.60	22:55	8:48	62	8:49	360	11:34	9.00	1:10:39	7:51	68	25:05	388	33:42
Brocken	3.10	37:52	12:12	62	15:47	355	20:05	12.10	1:48:31	8:58	68	40:52	388	53:47
Eiserner Handwe	3.60	23:43	6:35	59	9:08	346	11:23	15.70	2:12:14	8:25	68	49:08	388	1:05:09
Schlüsie	4.10	23:28	5:43	59	9:49	347	11:52	19.80	2:35:42	7:51	68	57:49	388	1:16:37
Loddenke	3.10	20:14	6:31	63	8:36	360	10:19	22.90	2:55:56	7:40	66	1:06:20	384	1:26:45
Ilseburg/Markt	3.30	22:46	6:53	64	9:50	370	11:58	26.20	3:18:42	7:35	63	1:15:54	364	1:38:20