



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Münch, Dirk

Club: Kulkiflitzer Leipzig-Lausen
Number: 321

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:49:36

Speed: 6.79 km/h
Running performance: 8:46 min/km

Rank in course/Total: 459 (of 467)

Rank in course/Men: 382 (of 387)

Best time in course: 1:40:22

Rank in category: 49(of 50)

Best time in the category: 1:43:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	24:26	7:24	49	10:47	376	11:55	3.30	24:26	7:24	51	10:47	388	11:55
Schlüsie	3.10	29:44	9:35	50	15:34	383	16:40	6.40	54:10	8:27	51	26:21	388	28:34
Hermannsklippe	2.60	25:04	9:38	48	13:11	377	13:43	9.00	1:19:14	8:48	51	39:32	388	42:17
Brocken	3.10	41:17	13:19	47	22:45	379	23:30	12.10	2:00:31	9:57	51	1:02:17	388	1:05:47
Eiserner Handwe	3.60	32:06	8:54	50	19:24	381	19:46	15.70	2:32:37	9:43	51	1:21:41	388	1:25:32
Schlüsie	4.10	28:42	7:00	49	16:35	381	17:06	19.80	3:01:19	9:09	51	1:38:16	388	1:42:14
Loddenke	3.10	23:23	7:32	47	13:21	379	13:28	22.90	3:24:42	8:56	49	1:51:37	384	1:55:31
Ilseburg/Markt	3.30	24:54	7:32	47	14:06	376	14:06	26.20	3:49:36	8:45	49	2:05:43	382	2:09:14