



40. Kienberglauf  
Oehrenstock / 26.09.2021

Detailed evaluation

Ziermann, Olaf

Club: Thüringen - Arnstadt  
Number: 491

Course: 16.60 km  
16 km Nordic Walking

Category:  
Männer

Total time: 2:15:00

Speed: 7.11 km/h  
Running performance: 8:08 min/km

Rank in course/Total: 3 (of 4)

Rank in course/Men: 2 (of 2)

Best time in course: 1:43:05

Rank in category: 2(of 2)

Best time in the category: 1:43:05