



Südeichsfeldlauf  
Diedorf / 26.06.2021-10.07.2021

Detailed evaluation

Mock, Gerd

Club: SV Diedorf 1921 e.V.  
Number: 122

Course: 10.60 km  
Hauptlauf I 10,6 km

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:06:19

Speed: 9.05 km/h  
Running performance: 6:16 min/km

Rank in course/Total: 8 (of 10)

Rank in course/Men: 7 (of 8)

Best time in course: 45:28

Rank in category: 1(of 1)

Best time in the category: 1:06:19