



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Baumgart, Björn

Club: WSV Schmiedefeld
Number: 3

Course: 21.10 km
Halbmarathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:31:55

Speed: 13.71 km/h
Running performance: 4:22 min/km

Rank in course/Total: 2 (of 32)

Rank in course/Men: 2 (of 29)

Best time in course: 1:26:29

Rank in category: 2(of 8)

Best time in the category: 1:26:29

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	10.40	44:40	4:17	2	2:20	2	2:20	10.40	44:40	4:17	2	2:20	2	2:20
Alteburg-Turm	10.70	47:15	4:24	3	22:50	3	22:50	21.10	1:31:55	4:21	2	5:26	2	5:26