



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Glienke, Marcus

Club: Kinderklinik Arnstadt
Number: 79

Course: 10.60 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 55:25

Speed: 11.48 km/h
Running performance: 5:14 min/km

Rank in course/Total: 35 (of 86)

Rank in course/Men: 33 (of 61)

Best time in course: 40:39

Rank in category: 5(of 5)

Best time in the category: 42:34