



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Falke, Ines

Club: Canmore
Number: 777

Course: 3.90 km
3,9 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 25:09

Speed: 7.16 km/h
Running performance: 6:27 min/km

Rank in course/Total: 22 (of 27)
Rank in course/Women: 6 (of 10)
Best time in course: 18:23

Rank in category: 1(of 1)
Best time in the category: 25:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	12:50	6:45	1	-	7	3:37	1.90	12:50	6:45	1	-	7	3:37
Ilseburg/Markt	2.00	12:19	6:09	1	-	7	3:15	3.90	25:09	6:26	1	-	6	6:46