



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Emrich, Christine

Club: Laufftreff Schönberg
Number: 755

Course: 3.90 km
3,9 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 29:04

Speed: 6.19 km/h
Running performance: 7:27 min/km

Rank in course/Total: 26 (of 27)
Rank in course/Women: 10 (of 10)
Best time in course: 18:23

Rank in category: 2(of 2)
Best time in the category: 21:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	14:34	7:40	2	3:08	10	5:21	1.90	14:34	7:40	2	3:08	10	5:21
Ilseburg/Markt	2.00	14:30	7:15	2	4:19	10	5:26	3.90	29:04	7:27	2	7:27	10	10:41