



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Schrader, Christian

Club: Laufftreff Schönberg
Number: 664

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 52:26

Speed: 10.99 km/h
Running performance: 5:28 min/km

Rank in course/Total: 60 (of 147)

Rank in course/Men: 50 (of 90)

Best time in course: 37:03

Rank in category: 6(of 9)

Best time in the category: 43:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	27:19	6:39	6	5:24	55	8:34	4.10	27:19	6:39	6	5:24	55	8:34
Loddenke	2.20	10:30	4:46	6	1:43	49	5:55	6.30	37:49	6:00	6	7:07	55	33:14
Ilseburg/Markt	3.30	14:37	4:25	4	1:35	35	3:24	9.60	52:26	5:27	6	8:42	50	15:23