



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Zörnig, Michael

Club: Magdeburg
Number: 692

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 56:06

Speed: 9.63 km/h
Running performance: 5:50 min/km

Rank in course/Total: 76 (of 147)

Rank in course/Men: 63 (of 90)

Best time in course: 37:03

Rank in category: 7(of 10)

Best time in the category: 41:26

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 29:21 | 7:09 | 7 | 9:33 | 67 | 10:36 | 4.10 | 29:21 | 7:09 | 7 | 9:33 | 67 | 10:36 |
| Loddenke | 2.20 | 10:35 | 4:48 | 6 | 2:35 | 50 | 6:00 | 6.30 | 39:56 | 6:20 | 7 | 12:08 | 63 | 35:21 |
| Ilseburg/Markt | 3.30 | 16:10 | 4:53 | 7 | 2:32 | 56 | 4:57 | 9.60 | 56:06 | 5:50 | 7 | 14:40 | 63 | 19:03 |