



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Kresin, Mandy

Club: Magdeburg
Number: 609

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 58:03

Speed: 9.30 km/h
Running performance: 6:03 min/km

Rank in course/Total: 89 (of 147)

Rank in course/Women: 22 (of 57)

Best time in course: 41:37

Rank in category: 5(of 9)

Best time in the category: 46:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:44	7:00	5	6:02	16	8:18	4.10	28:44	7:00	5	6:02	16	8:18
Loddenke	2.20	11:30	5:13	6	2:34	22	3:20	6.30	40:14	6:23	6	8:36	18	11:38
Ilseburg/Markt	3.30	17:49	5:23	7	3:27	29	4:48	9.60	58:03	6:02	5	12:03	22	16:26