



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Bohlmann, Sabine

Club: Bad Harzburg
Number: 559

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:00:16

Speed: 8.96 km/h
Running performance: 6:17 min/km

Rank in course/Total: 100 (of 147)

Rank in course/Women: 28 (of 57)

Best time in course: 41:37

Rank in category: 7(of 9)

Best time in the category: 46:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:08	7:35	7	8:26	31	10:42	4.10	31:08	7:35	7	8:26	31	10:42
Loddenke	2.20	11:36	5:16	7	2:40	25	3:26	6.30	42:44	6:46	7	11:06	29	14:08
Ilseburg/Markt	3.30	17:32	5:18	5	3:10	25	4:31	9.60	1:00:16	6:16	7	14:16	28	18:39