



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Finkensiep, Dirk

Club: LT Ümminger See  
Number: 572

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:01:01

Speed: 8.85 km/h  
Running performance: 6:22 min/km

Rank in course/Total: 105 (of 147)

Rank in course/Men: 75 (of 90)

Best time in course: 37:03

Rank in category: 5(of 6)

Best time in the category: 46:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:34	7:27	5	7:16	77	11:49	4.10	30:34	7:27	5	7:16	77	11:49
Loddenke	2.20	12:18	5:35	5	2:57	72	7:43	6.30	42:52	6:48	5	10:13	75	38:17
Ilseburg/Markt	3.30	18:09	5:30	5	4:13	74	6:56	9.60	1:01:01	6:21	5	14:26	75	23:58