



# 51. Brockenlauf

Ilseburg / 03.09.2022

## Detailed evaluation

Zerbe, Friedmar

Club: LG Silbersee Leipzig  
Number: 690

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M75 (75 und älter)

Total time: 1:01:04

Speed: 9.43 km/h  
Running performance: 6:22 min/km

Rank in course/Total: 106 (of 147)

Rank in course/Men: 76 (of 90)

Best time in course: 37:03

Rank in category: 1(of 2)

Best time in the category: 1:01:04

## Intermediate times

## Stage score

## Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ilsestein	4.10	30:52	7:31	1	-	78	12:07	4.10	30:52	7:31	1	-	78	12:07	
Loddenke	2.20	12:20	5:36	1	-	73	7:45	6.30	43:12	6:51	1	-	78	38:37	
Ilseburg/Markt	3.30	17:52	5:24	1	-	71	6:39	9.60	1:01:04	6:21	1	-	76	24:01	