



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Zerbe, Friedmar

Club: LG Silbersee Leipzig
Number: 690

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M75 (75 und älter)

Total time: 1:01:04

Speed: 8.84 km/h
Running performance: 6:22 min/km

Rank in course/Total: 106 (of 147)

Rank in course/Men: 76 (of 90)

Best time in course: 37:03

Rank in category: 1(of 2)

Best time in the category: 1:01:04

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 30:52 | 7:31 | 1 | - | 78 | 12:07 | 4.10 | 30:52 | 7:31 | 1 | - | 78 | 12:07 |
| Loddenke | 2.20 | 12:20 | 5:36 | 1 | - | 73 | 7:45 | 6.30 | 43:12 | 6:51 | 1 | - | 78 | 38:37 |
| Ilseburg/Markt | 3.30 | 17:52 | 5:24 | 1 | - | 71 | 6:39 | 9.60 | 1:01:04 | 6:21 | 1 | - | 76 | 24:01 |