



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Pomplun, Sophia

Club: Harz-Gebirgslauf Wernigerode  
Number: 906

Course: 1.80 km  
1,8 km - Lauf

Category:  
weibliche Kinder U10 (8-9 Jahre)

Total time: 8:14

Speed: 7.29 km/h  
Running performance: 4:34 min/km

Rank in course/Total: 12 (of 92)

Rank in course/Women: 2 (of 38)

Best time in course: 7:30

Rank in category: 1(of 16)

Best time in the category: 8:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Blochhauer	0.90	4:08	4:35	1	-	1	-	0.90	4:08	4:35	1	-	1	-
Ilseburg/Markt	0.90	4:06	4:33	1	-	1	-	1.80	8:14	4:34	1	-	2	0:44