



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Cäsar, Christian

Club: Harz-Gebirgslauf Wernigerode
Number: 83

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:59:17

Speed: 13.08 km/h
Running performance: 4:33 min/km

Rank in course/Total: 10 (of 418)

Rank in course/Men: 10 (of 336)

Best time in course: 1:39:59

Rank in category: 5(of 50)

Best time in the category: 1:55:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:57	4:31	6	1:31	20	2:57	3.30	14:57	4:31	6	1:31	20	2:57
Schlüsie	3.10	16:44	5:23	8	1:24	24	3:17	6.40	31:41	4:57	8	2:55	25	6:14
Hermannsklippe	2.60	14:24	5:32	8	1:16	24	2:36	9.00	46:05	5:07	8	3:54	23	8:50
Brocken	3.10	23:59	7:44	9	3:06	31	5:49	12.10	1:10:04	5:47	8	6:09	24	14:39
Eiserner Handwe	3.60	13:51	3:50	2	0:12	5	1:49	15.70	1:23:55	5:20	8	5:38	21	16:28
Schlüsie	4.10	12:43	3:06	1	-	2	1:11	19.80	1:36:38	4:52	8	4:58	17	17:39
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	22:39	6:51	37	10:20	249	11:37	26.20	1:59:17	4:33	5	4:11	10	19:18